

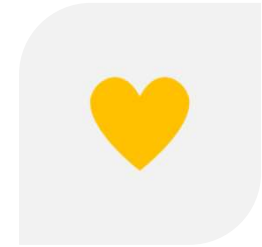
Benefits of Reiki



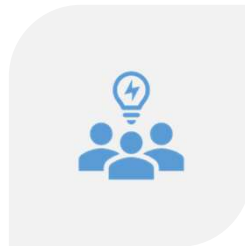
PREVENTATIVE MEASURE
FOR BURNOUT



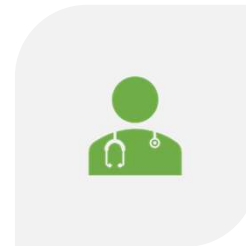
MANAGE / REDUCE STRESS
AND ANXIETY (REDUCING
STRESS HORMONES)



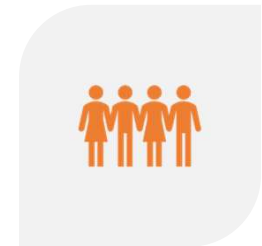
SUPPORT FOR PHYSICAL
HEALING AND EMOTIONAL
WELLNESS



INCREASE IN
PRODUCTIVITY, CREATIVITY
AND DECISION MAKING



NON INVASIVE, AVAILABLE
TO ALL

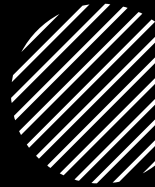


INTEGRAL PART OF THE
STAFF OR LEADERSHIP
WELLNESS PROGRAM





Reiki Benefits for your leadership team



Increase in Energy and clearer thinking



Reduce Stress and Anxiety



Calm the nervous system and impacts on body



Feel more positive and confident



Better able to manage staff and difficult decisions



More fulfilled work/life balance